

## **St. Joseph Home Resident Wellness Plan Statement**

St. Joseph Home is a home for children and young adults that have severe developmental and physical disabilities. All residents are non-ambulatory and require a wheelchair. Nearly all 48 residents require total assistance to complete all ADLs. In addition to impaired mobility, they require 24-hour nursing care. The nurses perform assessments daily, monitor their intake/output, physical well-being, and report changes to the Medical Director as applicable. We also have Physical Therapy, Occupational Therapy, and Speech Therapy on a consultant basis that assess individual's needs and make recommendations for SJH staff to provide necessary treatment and therapy. We have a dietitian on staff that monitors overall nutritional status of residents and makes changes or recommendations to physicians as needed.

Melissa Rogers, BSN, RN  
Director of Nursing



Regarding:  
*USDA Local School Wellness Policy*  
*National School Lunch Program*